

AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions and listings of claims in this application.

1-3. (Cancelled)

4. (New) A device for pelvic muscle exercises comprising:

a lid, an elastic tube, and fluid,

said lid being joined to an inner side of said tube, forming a sealed chamber where said fluid is sealed within,

said sealed chamber having a partition component whose peripheral surface is attached to an inner surface of said sealed chamber,

said partition component dividing said sealed chamber into two chambers, said partition component having at least one damping hole which connects said two chambers.

5. (New) A device for pelvic muscle exercises as set forth in claim 1, wherein said sealed chamber has a brace, said brace joining said partition component in its center hole forming a rotatable structure, said partition component being attached with a resistance control element which is fixed on said brace, said resistance control element and said partition component having a closely touched interface.